

## CONTENTS

### LECTURE I

#### THE HUMAN BRAIN

Its coverings, divisions and subdivisions, weight, functions, localization of functions, operations, uses, abuses, and capabilities 1-20

### LECTURE II

#### THE INSANE DIATHESIS OR ABNORMAL TENDENCIES OF THE HUMAN MIND

Definition. Causes, inherited and acquired. Evidences, avoidance, and treatment . . . . . 21-40

### LECTURE III

#### SLEEP, SLEEPLESSNESS AND THE CURE OF INSOMNIA

What is sleep? The Condition for sleep. The natural causes of sleep. Causes of insomnia. Suggestions for the induction of sleep. Remedies. . . . . 41-57

### LECTURE IV

#### HISTORY AND CLASSIFICATION OF INSANITY, THEORIES, DEFINITIONS, AND REQUIREMENTS FOR COMMITMENT

History. Classification of insanity. British Classification. American Classification. Theories, Definitions. Requirements for commitment. Contra-indications of commitment . . . . . 58-80

### LECTURE V

#### MELANCHOLIA

Definition. Causes. Forms. Symptoms, courses and cases. Delusions. Prevalence and prevention. Pathological states . . . . . 81-110

### LECTURE VI

#### MANIA

Characteristics. Causes. Forms. Symptoms, courses and cases. Pathological states. . . . . 111-139

CONTENTS

LECTURE VII

DEMENTIA

Nature. Forms. Causes. Symptoms and treatment of acute dementia. Chronic dementia. Masturbatic dementia. Syphilitic dementia. Epileptic dementia. Organic dementia. Alcoholic dementia. Senile dementia. Pathological states. . . . . 140-160

LECTURE VIII

GENERAL PARESIS

History. Synonyms. Stages, Cases. Causes. Pathology. Diagnosis, prognosis and treatment. Prevention. . . . . 161-187

LECTURE IX

TREATMENT

At home. In sanitariums or State hospitals. Means for treating the insane, kindness and gentle discipline, rest in bed, enforced protection, exercise, amusement and occupation, artificial feeding, dietetics, moral hygiene, operations, the hospital idea . . . . . 188-207

LECTURE X

MEDICAL TREATMENT

How to prescribe. Principal remedies for the treatment of melancholia, mania, dementia, and general paresis . . . . . 208-220

HOSPITAL CONSTRUCTION

Site. Construction of buildings. Solariums. Ventilation, heating and lighting. Protection against fire. Furnishings and decorations. Congregate and ward dining-rooms. Kitchen and bakery building. Boiler house, dynamo plant and laundry. Cold storage building. Outbuildings for stock of various kinds. . . . . 220-236

COMPENDIUM OF MATERIA MEDICA

Comprising the leading remedies and their principal indications in the treatment of mental disorders. . . . . 237-310

INDEX OF REMEDIES

WITH THEIR PRINCIPAL SYMPTOMS . . . . . 311-312